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Title of Proposal: Foodways of the Enslaved Aboard Early 18th Century Slave Vessels

Abstract: The research for this paper will focus on what the enslaved ate and how they ate during early 18th century. As well as how the food and feeding methods the slave traders enforced aboard these ships will shed light on how these individuals lived day to day during weeks or months of travel. This paper will answer what kind of system was set up to feed hundreds of these individuals while compacted in a ship and how the slavers aboard stretched the food between so many people. The treatment towards the enslaved to ensure they properly ate and how some of these individuals may have acted out towards their captors will also be discussed.